

héb 

beauty booster

- » internal nutrition for skin rejuvenation
- » natural lifting, elasticity,
and firmness of the skin
- » deep hydration from within
- » renewal of skin cells
- » radiant and youthful appearance
- » increased skin defenses
- » support for the skin during menopause





In ancient Greece, the goddess H  be was a symbol of eternal youth and renewal. Her radiance stemmed from inner purity that transformed into beauty visible on the outside. Even in our world, beauty begins within. H  be beauty booster, an internal skincare product, blends the most effective natural ingredients.

It nourishes and replenishes essential vitamins, minerals, antioxidants, peptides, and proteins, while also supporting the balance of the gut microbiome – a key factor for skin health. It has a comprehensive and long-term effect – supporting hydration, dermal cell renewal, and collagen production, improving skin elasticity, and contributing to an even tone and healthy appearance. Its effect is not an instant miracle, but lasting renewal arising from deep within, just like the youth of the goddess H  be.

EFFECTS AND BENEFITS

- » nourishment and regeneration of dermal cells in the skin's deeper layers
- » renewal of elasticity and firmness
- » support for deep hydration working from the inside toward the outer layers of the skin
- » antioxidant action and slowing of skin aging
- » support for the gut microbiome with positive effects on the skin
- » strengthening of hair and nail firmness and elasticity
- » reduction of undesirable skin issues (acne, impurities, dermatitis)

BENEFITS OF H  BE BEAUTY BOOSTER

Its uniqueness lies in the effective combination of purely natural ingredients with proven effects that comprehensively influence the skin through the gut-brain-skin axis. It provides internal nourishment for cells, deep hydration, support for elasticity and firmness, and at the same time ensures protection against oxidative stress, aging, and negative environmental influences. Because skin that is well supported from the inside will radiate on the outside.



ACTIVE INGREDIENTS

MARINE COLLAGEN TYPE I AND II

Collagen is the most abundant protein in the human body and plays a key role in the structure of the skin and connective tissues. Its production decreases with age, resulting in loss of elasticity and wrinkle formation. Type I (hydrolyzed marine collagen) makes up to 80% of the collagen in the skin and provides firmness and elasticity. In the body it is broken down into smaller peptides capable of crossing the intestinal barrier and actively stimulating fibroblasts to produce new collagen, elastin, and hyaluronic acid. Studies confirm that regular supplementation leads to improved skin hydration, increased elasticity, and reduced wrinkles. Type II collagen (fish collagen) has an effect on the health of joints and connective tissue, and thereby the skin, as healthy connective tissues support the skin's structure.

TREMELLA FUCIFORMIS

Tremella fuciformis is an adaptogenic fungus rich in polysaccharides, especially

beta-glucans polysaccharides, especially beta-glucans and mannogalactans, which strongly support skin hydration. It can bind up to 500× its weight in water, and thanks to its low molecular weight, it facilitates moisture penetration into deeper skin layers, providing even better hydration than hyaluronic acid. According to studies, *Tremella* polysaccharides increase the synthesis of hyaluronic acid and type I collagen in dermal cells. They also have significant antioxidant effects—neutralizing free radicals and protecting the skin from premature aging caused by UV radiation and pollution. *Tremella* has traditionally been used in Chinese medicine for rejuvenation, skin nourishment, and immune support.

SEA BUCKTHORN

Sea buckthorn (*Hippophae rhamnoides*) is one of the richest natural sources of vitamins C and E, carotenoids, and flavonoids. With regular use, it boosts the skin's protective function, firmness, and

elasticity. It contains rare omega-7 fatty acids, which play an important role in renewing the skin's lipid barrier. Vitamin C is an essential cofactor for enzymes that synthesize collagen. It supports skin firmness and reduces the signs of photoaging. Vitamin E has soothing effects, reduces irritation and redness, and supports regeneration and UV protection. Flavonoids and carotenoids have anti-inflammatory and antioxidant effects, protecting cells from premature aging. Clinical studies of sea buckthorn extract in a product showed a 49% increase in skin hydration, 26% improved elasticity, 14% wrinkle reduction, 15% reduction in pore size, 10% increase in collagen levels, and 28% improvement in eczema symptoms.

PROBIOTIC CULTURE COMPLEX

A blend of probiotic cultures with proven effects on skin health, which is closely connected to the state of the gut microbiome. Dysbiosis (imbalance of the microflora) can lead to a chronic inflammation



that negatively affects skin cells, increases sebum production, and disrupts skin immunity. Probiotics have anti-inflammatory effects and significantly help calm irritated skin. They also improve the absorption of vitamins A, D, and E, which strengthens the skin barrier, supports natural detoxification, and gives the skin a healthy and radiant look. Clinical studies confirm that certain probiotic strains (e.g. *Lactobacillus rhamnosus*) help eliminate acne, improve skin hydration, and reduce eczema symptoms.

WHAT IS ENERGY BEAUTY

A holistic, innovative, and highly effective natural skincare line. Inspired by Eastern philosophy and Western science, it carries a unique energy and strength capable of influencing the deepest structures of the skin, providing essential nourishment, initiating renewal processes, and restoring natural balance.

The principles of traditional Chinese medicine, in perfect harmony with phytotherapy, aromatherapy, and modern biotechnology, form a unique whole with clinically proven and visible effects.

Energy Beauty offers women perfect care at every age and stage of life. All products and product lines are designed to be combined intuitively and easily, mutually enhancing each other's effects. This allows women to care for themselves lovingly and effectively, while still having enough time to live and create.

QUALITY FIRST

» **We guarantee efficacy:** we use only the highest suitable concentrations and a wide spectrum of active ingredients that ensure truly visible and proven effects.

» **We perfect every detail:** all products are produced based on our own long-developed and verified formulas, using ingredients from trusted and authentic suppliers.

» **We are natural:** our products contain no parabens, SLS, petroleum derivatives, phthalates, synthetic fragrances, or other unsuitable or harsh substances.

» **We draw from nature, and so we protect it:** the vast majority of our packaging uses natural materials that are environmentally-friendly, as is the energy our products contain.

» **We are here for you:** the product range is only the beginning. A wide variety of seminars, comprehensive consultations, full-body diagnostics, and the ability to address related health issues make up a truly holistic and sustainable solution.



Every woman can be beautiful!

HIGHLY FUNCTIONAL HOLISTIC SKINCARE

» Complementary external care for rejuvenation and brightening of your skin



Visage water (toning, hydration), Rejuve serum (lifting revitalizing serum),
Skin essence day (day cream with a rejuvenating effect)



INGREDIENTS

Hydrolyzed bioactive marine collagen type I, *Tremella fuciformis* (snow fungus) extract, sea buckthorn (*Hippophae rhamnoides*) fruit extract, fish collagen type II, probiotic culture blend (*Bifidobacterium bifidum* 4.5×10^{11} CFU, *Bifidobacterium breve* 3×10^{11} CFU, *Bifidobacterium longum* 1×10^{11} CFU, *Lactobacillus acidophilus* 2×10^{11} CFU, *Lactobacillus casei* 3×10^{11} CFU, *Lactobacillus plantarum* 5×10^{11} CFU, *Lactobacillus rhamnosus* 5×10^{11} CFU, *Lactococcus lactis* 3×10^{11} CFU, *Streptococcus thermophilus* 4×10^{11} CFU, *Lactobacillus bulgaricus* 0.5×10^{11} CFU). CFU = colony forming units



RECOMMENDED DOSAGE

Take 2 capsules 2-3 times daily. We recommend increasing fluid intake. Not intended for children.



SUITABLE COMBINATIONS

For maximum synergistic effects on skin rejuvenation (thanks to the combined action of internal and external care) we recommend combining Héb  beauty booster with Energy Beauty toners, serums, and creams according to your skin type.